

# DUBA MARATHON 2024 Sunday 7th January

42KM MARATHON • 10KM ROAD RACE • 4KM FUN RUN



## **OFFICIAL PROGRAMME**

# 

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# **CONTENTS**

- **05** Welcome Message
- 08 Dubai Marathon Everything You Need to Know
- 13 Running In The Family 2023 Race Review
- **18** Roll of Honour
- 20 Dubai Duty Free
- **24** A Day in the Life of a Volunteer
- 26 Prizemoney Breakdown
- **28** The Dubai Marathon Experience with adidas
- 30 YallaGive
- 32 Meet The Elite!
- **36** The Dubai Marathon in Numbers
- 42.195km Marathon Course Map 44
- **46** 10km and 4km Course Maps
- 47 Site Map
- 48 Bisleri in the UAE
- 50 EXEED by Al Ghurair Official Car Sponsor
- 54 Get Ready To RAK!



**DUBAI MARATHON 2024** 

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## WELCOME FROM THE ORGANISERS



**Peter Connerton** Event Director Dubai Marathon

On behalf of everyone involved in the staging of the 2024 Dubai Marathon, we're happy to say it's good to be back.

It seems difficult to believe that it is nearly four years since we last took over the streets around the Burj Al Arab for our annual event. The temporary move to EXPO City was an experience for us all and we saw some wonderful results, in particular from the Tola family. But now we are back and ready to reacquaint ourselves with familiar ground.

Yet here we are back on Umm Suqeim Road, 1,444 days since we last saw you running the 4km, 10km and Marathon races in one of the most popular areas for those looking for flat and fast conditions.

The Dubai Marathon will appeal to many people, and all of you have your own particular reasons for running. Whether it is to raise money for charity, achieve a new personal best, challenge your friends or work colleagues or simply test yourself, we hope you have a great day and enjoy taking home your hard-earned medal. And who knows, maybe it will be you who runs off with the keys to a brand new EXEED RX in a draw open to all runners with a UAE residence visa and UAE driving licence.

It's through the support of sponsors that we are able to stage an event as big as this and our thanks go out to each and every one of them no matter their size or input – every one of them plays their own part in bringing the Dubai Marathon to life. As well as the sponsors, this is an international occasion that depends on the city coming together as a team and for that we must rightly acknowledge the hundreds of people behind the scenes. Government bodies such as Dubai Police, the RTA, the Dubai Municipality, and of course, the Dubai Sports Council, are instrumental in allowing us to use the city's roads as our track for the day.

Our thanks also go to the army of volunteers who turn out year after year to help with the logistics involved in staging a city marathon. We simply couldn't do it without you all.

But, of course, there is no show without you, the runners. The first international marathon to be staged in the region, the Dubai Marathon has earned a reputation as a race that offers flat and fast racing no matter what distance you attempt. And always remember that when it feels like a struggle everybody out on that route, every official, spectator and runner alike, is willing you on.

If you live in the UAE, we trust you will enjoy another edition – the 23rd – of the Dubai Marathon. And if you are joining us for the first time or have travelled from abroad to experience this great city, we hope you take home with you some wonderful memories from the time spent with your new running family.

Have a great day and safe running!























#### THE FOLLOWING RULES AND REGULATIONS APPLY TO ALL ENTRANTS:

The Dubai Marathon is organised in accordance with the rules and regulations of World Athletics and all participants agree to abide by these rules and regulations and comply with all reasonable directions and decisions made by the officials and representatives of World Athletics.

2 Whilst every reasonable precaution will be taken by the organisers to ensure the participants' safety, participants run at their own risk and the organisers shall not be liable for any loss and/or damage whether personal or otherwise and howsoever arising. All participants accept responsibility for travel and medical insurance and for payment and/ or reimbursement of any medical/ surgical expenses incurred.

**3** There is an official six-hour time limit at the finish for the Marathon with police and medical support. There will be phased road openings based on a six-hour finishing time. Any remaining participants running slower than these times and openings are requested to run on the footpaths.

A In accordance with the rules and regulations of World Athletics, a runner must retire from the race immediately if requested to do so by any member of the official medical staff.

5 No pets or any form of wheeled transport is permitted on the route - e.g. in-line skates, roller blades, bicycles etc.

6 There will be no refund or transfer of participation for those participants who do not take part or if the event is cancelled for whatever reason.

7 The organiser reserves the right to limit and refuse any entries.



#### **START & FINISH**

The Marathon and 10km Road Race will start on Umm Suqeim Road opposite the Madinat Jumeirah in the shadow of the iconic Burj Al Arab. The 4km Fun Run will start on Al Sufouh past the Madinat Jumeirah and opposite Al Qasr. All finishes are on Umm Suqeim Road before the Dubai Police Academy and Al Wasl Road junction.

#### STARTS

There will be separate start entrances to the Marathon, 10km and 4km runs. Please enter the starts according to the race you have entered. See maps for full information.

#### **ROUTE INFORMATION**

The Dubai Marathon route is fast and flat with excellent road surfaces throughout. Bisleri water will be available throughout the route at every 5km mark from 5km to 40km, while intermediary drink stations will have Bisleri water approximately half-way between each main drink station.

Pocari Isotonic will be available at 15km, 20km, 25km, 30km, 35km, 40km. Medical points will be set up around 200m after each 5km station and toilets will be in place every 5km from the 5km-40km marks.

#### GETTING THERE

For overseas visitors and those not familiar with Dubai, the best way to get to the start line is by taxi. The taxi drop off point will be on the Al Wasl Road before the back end of the start entry points. Athletes should then make their way to the start line – a walk of approximately 500m. If you intend to travel to the venue by private car, please note that there will be EXTENSIVE ROAD CLOSURES in the area from 1am and you are advised to park a comfortable walking distance from the venue and come early to avoid congestion and possible delays.

#### RACE NUMBERS

Only entrants with official race numbers for the Dubai Marathon 2024 will be permitted to compete in the race. Race numbers are not transferable. There is a "MEDICAL INFORMATION" section on the back of your race number. For your own safety and to ensure prompt assistance please fill in your personal information. Numbers must be worn on the chest and may not be altered.

#### MIKATAG TIMEKEEPING

No Tag - No Time. Each race number will come complete

with a Tag attached for timing purposes. This is a one-use Tag so no need to remove it in the finish area.

#### MEDICAL ASSISTANCE

Medical assistance will be available at the start/finish area and along the course. Please do not hesitate to contact our medical personnel if you are having difficulties. On the course medical assistance will be available every 5km.

#### COMPETITOR SOUVENIRS

All Marathon and 10km runners will receive a finisher's medal, an adidas Climacool T-shirt 0555 Marathon Wheelchair Elites 0600 Marathon Elites 0700 Marathon Masses 0815 10km Road Race 1000 4km Fun Run

and a downloadable finish certificate, while competitors in the 4km will receive a finisher's medal and an adidas Climacool T-shirt with a downloadable participation certificate.

#### ENTERTAINMENT

Official radio partners Channel 4 Radio Network will broadcast live



# RUNNING IN THE FAMILY

from various parts of the course in different languages to inform and entertain spectators and competitors throughout the day.

#### TEMPERATURE

Expect race day temperature around the 10-15 degree Celsius mark at the start.

#### **BAGGAGE FACILITIES**

Baggage facilities will be available near the start area on Taryam Road for Marathon and 10km runners. See map for details. Baggage drop facilities will not be available for 4km Fun Run participants. The official baggage bag provided will be the only bag accepted at the baggage drop. No other bags will be accepted.

#### REFRESHMENTS

Catering services will be available on the day near the finish area with a selection of food and beverage available.

#### **HEALTH & FITNESS**

Please don't attempt to run if you feel unwell, even if you are raising money for charity. Most medical emergencies occur in people who have been unwell but do not wish to miss the event, so if you are feeling feverish, have been vomiting, had chest pains or diarrhea, or otherwise feel unwell, it is unfair on you and your family, the charity you are supporting and the marathon staff to risk serious illness and become a medical emergency. If it is hot, wear loose clothing, start slowly and – if possible – run in

the available shade. Start the race well hydrated. This will help you feel better later in the race and may prevent cramp, which is most common in runners who have not trained sufficiently or are dehydrated. Do not gulp large volumes of liquid during or after the race as it is also possible to become ill from drinking too much, too quickly.

#### AFTER THE RACE

Do not stand about as soon as you finish. Keep walking – especially if you feel dizzy – and replenish fluids. Collect your finisher's medal and water after the finish line. Always drink something and have something to eat as some runners feel faint more than half an hour after finishing the race.





TOLA

## TOLA AND DIDA CLINCH MEMORABLE DOUBLE



After a three-year absence. the Dubai Marathon returned in style in February 2023 producing spectacular results as Ethiopians Abdisa Tola and his sister-inlaw Dera Dida took the men and women's titles.

Making his full marathon debut, Tola clocked a world leading time of 2:05:42, while Dida achieved a personal best of 2:21:11 in fine weather conditions as the race celebrated its 22nd edition in a new setting of EXPO City Dubai.

In the men's race, a group of eleven runners led by two pacemakers reached the halfway point in 62:31. The pace was consistent, but the two fastest athletes on the start list struggled to cope as Ethiopians Abera Kuma and 2014 Dubai Marathon winner Tsegaye Mekonnen dropped back.

Once the pacemakers stepped aside it was Tola who led a group of six runners at the 30km mark. The 22-year-old, brother of then World Champion and former Dubai winner Tamirat Tola, then pushed the pace at 39k, but having just opened a small gap he missed a turn and went straight on. After around 20m, Tola realised he hadn't followed the leading bike, turned back and quickly re-joined the three runners who had snatched the lead from him.

# DUBA MARATHON 2023

FINISH

Keeping it in the family, Abdisa Tola follows his brother Tamirat as a Dubai Marathon champion

DUBA

At a refreshment point at 40k, Tola went off again and this time made no mistake. "The pacemakers did a great job, they really helped me," said a delighted Tola. "There was strong competition, but I was very well prepared."

(2) DUBA

NORQAIN

Following Tola home were fellow Ethiopians Deresa Gelete and Haymanot Alew Engdayehu in 2:05:51 and 2:05:57 respectively. It was the third time in a row that the men's race of the Dubai Marathon was won by a debutant. Little over 15 minutes later Dera Dida completed a remarkable family double: the sister-in-law of Abdisa Tola, who is married to Tamirat, had taken the lead just before the 40k mark.

She left behind fellow-Ethiopians Ruti Aga, who had the fastest personal best in the field, and Siranesh Yirga who finished in second and third.

"When I took the lead, I was sure I'd win," said 26-year-old Dida,





Dera Dida and her brotherin-law Abdisa Tola celebrate a unique family double victory at the 2023 Dubai Marathon

who stormed to her biggest career win in a time of 2:21:11. Aga was second in 2:21:24 and Yirga completed yet another all-Ethiopian podium clocking 2:21:59.

"It was a wonderful race and of course it was very emotional when I realised Abdisa had won as well," she added.

In the wheelchair event, there was another triumph in a major marathon for Marcel Hug. The Swiss "Silver Bullet" took the event in 1:23:50 while Eden Rainbow-Cooper of Great Britain won the women's race in 1:47:15.

All of the winners received their trophies from HE Mattar Al

Tayer, Vice Chairman of the Dubai Sports Council, HE Saeed Hareb, Secretary General of the Dubai Sports Council, Salah Talak, Joint Chief Operating Officer Dubai Duty Free and Ahmad Al Kamali, General Co-ordinator of the Dubai Marathon. The 2023 Dubai Marathon was supported by adidas, Dubai Duty Free, NORQAIN, the Channel 4 Radio Network, Al Ameen, Masafi, the Dubai Sports Council, Dubai RTA, Dubai Police and Dubai Municipality.

FINAL POSITIONS – MEN	
1. Abdisa Tola (ETH)	2:05:42
2. Deresa Gelete (ETH)	2:05:51
3. Haymanot Alew (ETH)	2:05:57

FINAL POSITIONS - WOMEN	
1. Dera Dida (ETH)	2:21:11
2. Ruti Aga (ETH)	2:21:24
3. Siranesh Yirga (ETH)	2:21:59

# cooling relief for muscle & joint pain FREEZE AWAY THE PAIN

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BIOFRE

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# /// ROLL OF HONOUR

	DUBAI MA	RATHON WINNERS ME	N	DUBAI MARATHON WINNERS WOMEN		
Year	Time	Athlete	Nation	Time	Athlete	Nation
2000	02:12:21	Wilson Kibet	KEN	02:40:22	Ramilya Burangulova	RUS
2001	02:13:36	Wilson Kibet	KEN	02:37:07	Ramilya Burangulova	RUS
2002	02:13:04	Wilson Kibet	KEN	02:33:31	Albina Ivanova	RUS
2003	02:09:33	Joseph Kahugu	KEN	02:36:26	Irina Permitina	RUS
2004	02:12:49	Gashaw Melese	ETH	02:42:36	Lela Amman	ETH
2005	02:10:49	Dejene Guta	ETH	02:39:08	Diribe Hunde	ETH
2006	02:13:02	Joseph Ngeny	KEN	02:43:09	Delilah Osiago	KEN
2007	02:09:53	Willy Rotich	KEN	02:27:19	Askale Magarsa	ETH
2008	02:04:53	Haile Gebrselassie	ETH	02:22:42	Berhane Adere	ETH
2009	02:05:29	Haile Gebrselassie	ETH	02:24:02	Bezunesh Bekele	ETH
2010	02:06:09	Haile Gebrselassie	ETH	02:24:18	Mamitu Daska	ETH
2011	02:07:18	David Barmasai	KEN	02:22:45	Aselefech Medessa	ETH
2012	02:04:23	Ayele Abshero	ETH	02:19:31	Aselefech Medessa	ETH
2013	02:04:45	Lelisa Desisa	ETH	02:23:23	Tirfi Tsegaye	ETH
2014	02:04:32	Tsegaye Mekonnen	ETH	02:25:01	Mula Seboka	ETH
2015	02:05:28	Lemi Berhanu	ETH	02:20:02	Aselefech Mergia	ETH
2016	02:04:24	Tesfaye Abera Dibaba	ETH	02:19:41	Tirfi Tsegaye Beyene	ETH
2017	02:04:11	Tamirat Tola Adere	ETH	02:22:36	Worknesh Degefa Debele	ETH
2018	02:04:00	Mosinet Geremew Bayih	ETH	02:19:17	Roza Dereje Bekele	ETH
2019	02:03:34	Getaneh Molla	ETH	02:17:08	Ruth Chepngetich	KEN
2020	02:06:15	Olika Adugna Bikila	ETH	02:19:38	Worknesh Degefa Debele	ETH
2023	02:05:42	Abdisa Tola	ETH	02:21:11	Dera Dida	ETH
		ORLD RECORD - IARATHON MEN			WORLD RECORD - MARATHON WOMEN	
Time Athlete		Nation	Time	Athlete	Nation	
		Kelvin Kiptum	KEN	02:11:53	Tigst Assefa	ETH
	WORLD	RECORD - 10km MEN	I	WORI	LD RECORD - 10km WOM	1EN
	Time	Athlete	Nation	Time	Athlete	Nation
00	:26:24	Rhonex Kipruto	KEN	00:29:14	Yalemzerf Yehualaw	ETH

# You know what Sunday is, it's a day with a lot of potential for naps.

- POLLY HORVATH



Pick your FREE copy every week



### DUBAI DUTY FREE: 40 YEARS OF **RETAILING SERVICE**

Founded on 20th December 1983, Dubai Duty Free celebrated its 40th anniversary in December 2023 and recorded annual sales of Dhs7.885 billion or US\$2.15 billion. Now employing over 5,500 people, the operation has consistently raised the benchmark for airport retailing and continues to grow.

In 2023, Dubai Duty Free recorded over 20 million sales transactions which average at 55,000 sales transactions per day, while a

staggering 55 million units of merchandise were sold.

The top five selling categories for the year included Perfumes followed by Liquor, Gold, Cigarettes & Tobacco, and Electronics. With sales of Dhs1.366 billion (US\$374 million). Perfume, which contributed 17% of total sales retained its position as the top selling category.

Sales of Liquor reached Dhs1.13 billion (US\$310 million) and

accounted for 14% of the total annual sales. Meanwhile. Gold recorded sales of Dhs773,506 million (US\$212 million) and contributed 10% towards total revenue. Cigarettes & Tobacco came in fourth place with sales amounting to Dhs745,694 million (US\$204 million) and accounted for 9% of total revenue while Electronics came in fifth place with sales of Dhs628 million (US\$172 million) and accounted for 8% of total annual sales.

In addition to the retail division, Dubai Duty Free operates a Leisure Division which includes The Irish Village both in Garhoud and Studio One Hotel, the Century Village, the Dubai Duty Free Tennis Stadium, home to the Dubai Duty Free Tennis Championships and The Jumeirah Creekside Hotel.

To date, Dubai Duty Free has received over 760 awards including its 22nd consecutive Business Traveller Middle East Award for "Best Airport for Duty Free Shopping in the Middle East", the Gulf Business "Retail Company of the Year" award and the seventeenth consecutive Global

Traveler Award for "Best Duty-Free Shopping in the World."

Colm McLoughlin was also the recipient of three personal awards including being named as one of the 100 Images RetailME Icons of Retail and was awarded with the unique and one-time Pearl Achievement Award for "Outstanding Contribution to the Travel Industry", which was created to mark the 30th edition of the Arabian Travel Market and the inaugural Frontier Pioneer Award.

Dubai Duty Free is committed to promoting Dubai through a series of high-level sporting events such as the Dubai Duty Free Tennis Championships, which celebrated its 31st anniversary in February 2023 and was won by Barbora Krejcikova and Daniil Medvedev, respectively, who both claimed their maiden Dubai titles.

Much awareness is also created by the operation's involvement in horse racing and Dubai Duty Free regularly fl¬ies the ¬flag in the UK in April and September at the historical Newbury Racecourse.

In July, the 16th running of the prestigious Dubai Duty Free Irish Derby was held at The Curragh Racecourse in Ireland, which



# **Dubai Duty Free**

# Adding a surprising touch to your travels.

offered a rich purse of Euro 1.25 million. The race was won by Auguste Rodin, which is trained by Aidan O'Brien with Ryan Moore as the jockey. Meanwhile, the world's premier international jockeys' challenge, the Dubai Duty Free Shergar Cup took place at Ascot Racecourse in August. Four teams representing Great Britain and Ireland, Europe, Rest of the World and The Ladies team competed in a thrilling sixrace showdown, which was won by the latter.

The airport retailer returned to Ireland as an official partner of the Horizon Irish Open, which was held at the K Club in September.

Other sports to benefit from Dubai Duty Free's support include the Dubai Duty Free Golf World Cup, the Dubai Duty Free SB20 Middle East Championships and the Emirates Airlines Dubai Rugby 7s. 400th anniversary Celebrating four decades of retail service at Dubai Duty Free. Since the start of our journey in 1983, we've aimed to be a world-class shopping destination offering a first-class customer service and a wide range of exceptional products. What's kept us excited over 40 years? Our dedication to surprising you at every turn.





One year we even managed the drinks for the elite athletes".

And while there is no doubt as to the effort and commitment they bring to the role, Frank believes there are a lot of benefits for the students themselves.

"I'm proud to say that in 2009 I suggested to reward the volunteers with certificates to show they have supported a public event such as the Dubai Marathon. These certificates are good to have as evidence when they apply to universities. Through this event they also learn how to work as a team, how to support one another and how to handle thousands of runners by just offering them bottles of waters in a very dignified way".

But sometimes it hasn't always gone to plan...

"We learn from our mistakes - it is very important to start early and be on time to get started. A few of our students - as well as staff - learnt the hard way when they were late and had to walk and walk as you are well aware that certain roads are closed for the event. It meant they had to walk miles, before reaching their stations!" While the volunteers won't be looking forward to a punishing walk if they are late for the early start, they are eager to return to the route of the 2024 Dubai Marathon – one that hasn't been experienced since January 2020.

"We are all happy and looking forward to returning," he says. "It's a good route and one we know will not give us trouble."

So, if you are out running this weekend and see our smiling volunteers, make sure and give them a smile and a thumbs up. It means a lot to know the runners appreciate their work.

## THE UNSUNG HEROES KEEPING YOU HYDRATED

Staging a major sporting occasion anywhere in the world, requires a number of key factors – and with the Dubai Marathon that is no exception.

One of the biggest contributors to the success of the Middle East's oldest international marathon is the role of the army of volunteers who come together annually to help deliver an event that remains one of the city's sporting crown jewels.

Frank Roman Fernandes knows as well as anyone what is required of a Dubai Marathon volunteer. Currently the Principal of The City School International in Dubai, Frank has 16 years' experience behind him as a Marathon volunteer. "I have been involved in this journey with the current school from 2018, while prior to that I led The Bloomington Academy Ajman as Founding Principal (2015-2017)," says Frank. "Before that, I was at The Cambridge International School from 2006-2014 as a 'Head of Post 16' and at all three schools I have engaged staff and students in supporting this premier event."

With year number 17 under his belt at the 2024 Dubai Marathon, Frank has been instrumental in leading more than 1,300 staff and students on a volunteering journey.

It's a role everyone takes seriously. "We take pride in supporting the event and being part of it," he adds. "We instil in our students the values of 'Community Work' and how all these values enhance their University Pathways."

So, what is a typical day for a Dubai Marathon volunteer?

"We have a briefing with the staff and students the day before the event, as to our expectations. We brief our students and staff that they are the ambassadors of the school at this event.

"On the day itself, we assemble around 4:30-5:00 am and leave by 5:15 am. If we manage the 'Water Station' for instance, we brief the students on the 'Dos and Don'ts'.



# **AWARDS AND BONUSES** - MARATHON

Marathon Open					
Μ	1EN	WC	OMEN		
	USD		USD		
1st	80,000	1st	80,000		
2nd	40,000	2nd	40,000		
3rd	20,000	3rd	20,000		
4th	10,000	4th	10,000		
5th	5,000	5th	5,000		
6th	4,000	6th	4,000		
7th	3,000	7th	3,000		
8th	2,500	8th	2,500		
9th	2,000	9th	2,000		
10th	1,500	10th	1,500		

#### Marathon UAE Nationals

MEN		WOMEN	
	AED		AED
1st	5,000	1st	5,000
2nd	3,000	2nd	3,000
3rd	2,000	3rd	2,000
TOTAL	10,000	TOTAL	10,000

#### Marathon Push Chair UAE Nationals

MEN		WO	MEN
	AED		AED
1st	5,000	1st	5,000
2nd	3,000	2nd	3,000
3rd	2,000	3rd	2,000
TOTAL	10,000	TOTAL	10,000

## 2024 DUBAI MABATHON

مجلس دبب الرياضي

Marathon Push Chair Open

MEN		WONEN		
	AED		AED	
1st	25,000	1st	25,000	
2nd	15,000	2nd	15,000	
3rd	10,000	3rd	10,000	
TOTAL	50,000	TOTAL	50,000	

# AWARDS AND BONUSES - 10km

#### 10km Open

Sponsored by

М	MEN		WOMEN	
	AED		AED	
1st	4,000	1st	4,000	
2nd	2,000	2nd	2,000	
3rd	1,000	3rd	1,000	
TOTAL	7,000	TOTAL	7,000	

#### 10km UAE Nationals

Μ	MEN		MEN
	AED		AED
1st	4,000	1st	4,000
2nd	2,000	2nd	2,000
3rd	1,000	3rd	1,000
TOTAL	7,000	TOTAL	7,000



# UAE'S Favorite English Radio Station



*THE DUBAI MARATHON EXPERIENCE WITH ADIDAS* 





Dubai runners, get ready to pick up your race pack at the adidas Flagship store in Dubai Mall (right opposite to the ice rink).

> When: 3 Jan, 3pm to 10pm 4 Jan, 10am to 10pm 5 Jan, 10am to 10pm 6 Jan, 10am to 5pm



Make sure you have your registration email with the QR code ready and photo ID.



## FREE T-SHIRT PERSONALIZATION

Customize your marathon t-shirt through adiClub membership for free at the DXB Lab in the adidas Flagship Store in Dubai Mall. This can include your name, initials and more.



You now have a chance to get a three-month adidas Running Premium Membership with your Dubai Marathon bib. Scan the QR code to redeem the membership on adidas running app.

> SCAN QR CODE AND REDEEM







Gain exclusive access to the adidas RACE BASE as an adiClub member - a space filled with music, rejuvenating treatments, food, and the vibrant spirit of the running community! Sign up now and join us post-race to elevate your Dubai Marathon experience into a celebration like no other.

scan and join adiclub





#### DUBAI MARATHON AND YALLAGIVE UNITE FOR INAUGURAL FUNDRAISING WORKSHOP AT INTERNATIONAL HUMANITARIAN CITY (IHC)

In a pivotal move aimed towards fostering positive change within the humanitarian community, International Humanitarian City (IHC) has proudly hosted the first Dubai Marathon Fundraising Campaign Workshop.

Tailored specifically for IHC members participating in the campaign, including notable organisations such as Gulf for Good, Médecins Sans Frontières (MSF), The Indus Hospital, Children's Cancer Center of Lebanon (CCCL), Bring Hope Humanitarian Foundation, The Fred Hollows Foundation, Smile Train, Surge for Water, and The Sparkle Foundation, the event showcased a collaborative effort to maximise impact.

Led by Nabil Boubker, Director of Strategy & BD at YallaGive, and special guest Peter Connerton, Managing Director at Pace Events, the workshop unfolded earlier this month, providing a unique opportunity for the IHC community to harness the potential of the highly anticipated Dubai Marathon being held on January 7, 2024.

Participants gained invaluable knowledge on leveraging this partnership for heightened visibility, community engagement, and successful fundraising endeavours.

"I am thrilled to embark on this transformative journey alongside the Dubai Marathon for the second year running" said Boubker. "This partnership represents more than just a collaboration; it is a collective commitment to channeling the energy of the marathon into a force for positive change within the humanitarian landscape.

"Together we are poised to unlock unprecedented opportunities for fundraising and community engagement, echoing the spirit of the Dubai Marathon's legacy. Let's run together towards a future where each stride contributes to a brighter and more compassionate world."

Dubai Marathon Race Director Peter Connerton added: "The tireless work of YallaGive and the associated charities is admirable and shows the impact people can make when committing to fundraising, whether it be through participating in the Dubai Marathon or from other ventures. We look forward to working with YallaGive again in 2024 when the Dubai Marathon returns on January 7."

Those looking to enter the 42.195km Dubai Marathon or the associated 10km Road Race and 4km Fun Run can register online now at dubaimarathon.org until January 6.



# UAE'S FAVOURITE MALAYALAM RADIO STATION



# /// ELITE MEN



Workineh Tadese Mandefro (Ethiopia) Marathon Best: 2:05:07 (Hamburg 2022) Born: December 13, 2000

A personal best of 2:05:07 from Hamburg in 2022 will give Workineh Tadese the belief that he can perform well in Dubai over a course renowned for unearthing bright new talent. That third place at the Haspa Marathon was a major improvement on his marathon journey shaving more than two minutes of his previous PB set at the TCS Amsterdam Marathon in the Netherlands six months earlier. With wins at 5km and 10km to his name in Djibouti and Appingedam, Tadese knows his way to the tape and is set for the biggest racing test of his young career at the 2024 Dubai Marathon.

Most Si	Most Significant Results			
2021	Amsterdam Marathon	14th	2:07:42	
2022	Hamburg Marathon	3rd	2:05:07	



Abera Kuma Lema (Ethiopia) Marathon Best: 2:05:50 (Rotterdam 2018) Born: August 31, 1990

Abera Kuma Lema won his first senior international medal with a team bronze at the 2010 Cros Country World Champinships.

Now a solid performer over the marathon distance, Abera took a podium place at the Berlin Marathon in 2014 with a third-place finish (2:05:56), while he also has a win and a second-place finish at the Rotterdam Marathon in 2015 and 2018 respectively to his name. It was that runners-up spot in the Netherland that established Abera's marathon personal best time of 2:05:50.

The former African Under-20 champion at 5,000m, Abera comes to Dubai with a strong reputation and marathon experience stretching back over a decade.

Most Significant Results					
2014	Berlin Marathon	3rd	2:05:56		
2015	Rotterdam Marathon	1st	2:06:47		
2017	Valencia Marathon	4th	2:06:44		
2018	Rotterdam Marathon	2nd	2:05:50		
2019	Ottawa Marathon	2nd	2:08:14		
2019	Toronto Marathon	6th	2:09:14		
2020	Mumbai Marathon	7th	2:09:15		



Kebede Tulu Wami (Ethiopia) Marathon Best: 2:05:19 (Seville 2023) Born: September 15, 1996

One of the fastest men in the elite men's field, Ethiopian Kebede Tulu has been on a steady upward curve in his short marathon journey. Since finishing eighth at the 2020 Mumbai Marathon in India, he has consistently lowered his personal best every time he has completed the 42.195km marathon distance. Marathons in Slovakia, Italy, the Netherlands and Barcelona culminated in a new personal best of 2:05:19 and second place at the Seville Marathon in Spain in February 2023. With two runners-up positions and a third place in Barcelona to his name, Tulu will be one to watch in Dubai.

Most Significant Results					
2021	Gothenburg Half Marathon	2nd	1:01:12		
2021	Rotterdam Marathon	6th	2:06:27		
2022	Barcelona Marathon	3rd	2:06:03		
2023	Seville Marathon	2nd	2:05:19		
2023	Kosice Marathon	2nd	2:06:56		



Abdi Fufa (Ethiopia) Marathon Best: 2:05:57 (Siena 2021) Born: September 27, 1995

The 28-year-old Abdi Fufa comes to Dubai with a personal best time of 2:05:57 set in the Italian city of Siena in April 2021 where he finished second in the Xiamen Marathon & Tuscany Camp Global Elite Race. The 2024 Dubai Marathon marks a return to the UAE for Fufa who finished in 14th place at the 2020 Dubai Marathon in a time of 2:07:51. That was the last time the Dubai race was staged over the flat and fast course around the Burj Al Arab and Fufa will be aiming to lower his PB on a course he knows well.

Most Si	Most Significant Results			
2019	Changzhou West Taihu Lake Half Marathon, Changzhou	2nd	1:02:46	
2021	Xiamen Marathon & Tuscany Camp Global Elite Race, Siena	2nd	2:05:57	
2022	Vienna City Marathon	8th	2:10:32	



Haymanot Alew (Ethiopia) Marathon Best 2:05:57 (Dubai 2023) Born: November 11, 1997 Haymanot Alew returns to the UAE just eleven months after securing third place on the podium at the 2023 Dubai Marathon staged at EXPO City Dubai. It was a significant performance as it lowered his personal best of 2:11:10 - set just three months earlier in Portugal in November 2022 - by more than five minutes. That personal best over the marathon distance was followed by another third-place finish at the Lanzhou Marathon albeit in a slower time of 2:11:10. Alew returned to the roads again in the Netherlands at the Amsterdam Marathon in October finishing eighth (2:08:25)

Most Significant Results			
2022	Porto Marathon	3rd	2:11:10
2023	Dubai Marathon	3rd	2:05:57
2023	Lanzhou Marathon	3rd	2:11:10
2023	Amsterdam Marathon	8th	2:08:25



Andamlak Belihuh Berta (Ethiopia) Marathon Best: 2:06:40 (Berlin 2022) Born: November 20, 1998 Although more a 10km and Half Marathon specialist, Andamlak Belihuh comes to Dubai with a marathon best of 2:06:40 set just over a year ago in Berlin where he finished in fourth place just out of the medals. A winner of the Delhi Half Marathon in India in both 2018 and 2019, Belihuh also missed out on a hat-trick of Delhi golds finishing second in the 2020 edition. In 2019, he claimed fifth place in the men's 10,000m at the World Championships in Doha and returns to the UAE just 11 months after finishing seventh at the 2023 Ras Al Khaimah Half Marathon.

Most Si	Most Significant Results				
2017	Delhi Half Marathon	2nd	59:51		
2018	Delhi Half Marathon	1st	59:18		
2019	Delhi Half Marathon	1st	59:10		
2020	Delhi Half Marathon	2nd	58:54		
2022	Berlin Marathon	4th	2:06:40		



Douglas Chebii (Kenya) Marathon Best: 2:06:31 (Linz 2022) Born November 1, 1993 Still only 30 years old, Kenyan Douglas Chebii is a highly experienced marathon runner. Although he has yet to taste an international victory, he has finished runner up on three occasions in Poland (2016) Spain (2022), and Portugal (2023) at the Warsaw Marathon, the Castellon Marathon and the Lisbon Marathon respectively. His personal best came when finishing third in the Linz Donau Marathon in Austria in October 2022 (2:06:31). Chebbi arrives in Dubai buoyed by that second place in Portugal three months ago as he attempts to become the first Kenyan winner of the men's race in the emirate since David Barmasai in 2011.

Most Significant Results				
2016	Warsaw Marathon	2nd	2:11:26	
2022	Castellon Marathon	2nd	2:09:28	
2022	Linz Marathon	3rd	2:06:31	
2023	Seville Marathon	9th	2:07:11	
2023	Lisbon Marathon	2nd	2:09:49	



Samuel Tsegay Tesfamariam (Sweden) Marathon Best: 2:06:53 (Siena 2021) Born: February 24, 1988 Eritrean-born but now representing Sweden, Samuel Tsegay Tesfamariam specialises in the 5,000m and 10,000m and as a junior competed at the World Cross Country Championships and finished fourth in the 10,000m at the 2006 World Junior Championships. Now 35, Tsegay is a World Half Marathon silver medalist from Copenhagen in 2014 (59:21) and a two-time National Champion – once with Eritrea and once with Sweden. In 2014 he won the Eritrean National Half Marathon title and nine years later lifted the Swedish National title in the Marathon with a time of 2:14:28 in June 2023. His personal best at the marathon distance remains 2:06:53 set in Siena in 2021.

Most Si	Most Significant Results			
2012	London Marathon	8th	2:08:06	
2014	World Half Marathon Championship	2nd	59:21	
2014	Eritrean Half Marathon National	1st	59:42	
	Championship			
2023	Swedish Marathon National	1st	2:14:28	
	Championship			

**DUBAI MARATHON IN NUMBERS** 

13

PRIZE MONEY PAID OUT SINCE 2000 IN US\$ MILLIONS

POSITION REACHED IN WORLD ATHLETICS MARATHON RANKINGS FOR 3 YEARS UAE SPORTING EVENT RANK IN YOUGOV GLOBAL BUZZ POLL FOR 2022

TOTAL NUMBER OF RUNNERS SINCE 2000



TOL

6

148

PACE EVENTS

NUMBER OF COMPETING NATIONALITIES SINCE 2000

WORLD RANKING FOR

**MARATHON HISTORY** 

NUMBER OF MEN WHO

RAN SUB 2:05 IN 2018 -

THE FIRST MARATHON IN

**HISTORY TO ACHIEVE THIS** 

**FASTEST CITY IN** 

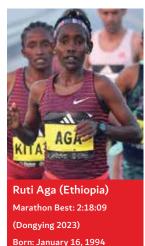
A 1 1 AAL

290,000+ RUNNERS

00+ RUNNER

37

# /// ELITE WOMEN



Ruti Aga makes her third appearance at the Dubai Marathon after finishing as runner-up in February 2023 behind eventual winner and compatriot Dera Dida. On her first appearance in 2017, things didn't go to plan as she finished far off the podium places in 13th clocking a disappointing 2:46:14. After a good debut in Vienna and a second place in Berlin in 2016, Ruti returned to Berlin and clocked 2:20:41 in 2017 and was then runner-up for a third Berlin race in a row a year later, when she achieved a time of 2:18:34. In 2019, she won a major marathon in Tokyo in 2:20:40 and comes to Dubai fresh from winning the Yellow River Estuary Marathon in Dongying in a personal best time of 2:18:09.

Most Si	gnificant Results		
2017	Berlin Marathon	2nd	2:20:41
2018	Berlin Marathon	2nd	2:18:34
2019	Tokyo Marathon	1st	2:20:40
2019	New York Marathon	3rd	2:25:51
2022	Chicago Marathon	4th	2:21:41
2023	Dubai Marathon	2nd	2:21:54
2023	Dongying Marathon	1st	2:18:09



Dera Dida (Ethiopia) Marathon Best: 2:19:24 (Berlin 2023) Born: October 26, 1996 Dera Dida enjoyed a marathon breakthrough in Dubai in 2023, winning in style from Ruti Aga. The wife of another former Dubai Marathon champion Tamirat Tola, Dida enjoyed a successful cross country and track career before switching to the classic distance. Her debut time of 2:21:45 in Dubai 2018 was a solid start and while she hardly raced during the pandemic, she showed no sign of rustiness with that Dubai victory in early 2023. At the 2019 World Cross Country Championships she won silver and claimed bronze in the 10,000m final of the 2019 All African Games. She returns to Dubai as defending champion with a new marathon best of 2:19:24 from Berlin in 2023.

Most Significant Results			
2018	Dubai Marathon	7th	2:21:45
2018	Franfurt Marathon	5th	2:22:39
2020	Dubai Marathon	5th	2:22:52
2023	Dubai Marathon	1st	2:21:11
2023	Berlin Marathon	6th	2:19:24



Haven Hailu Desse (Ethiopia) Marathon Best: 2:20:19 (Amsterdam 2021) Born: September 10, 1998 Still only 25 years old, Ethiopian Haven Hailu has two impressive marathon victories to her name already. In April 2022, she claimed victory in the Rotterdam Marathon in the Netherlands in a time of 2:22:01, while less than a year later she again claimed top spot on the podium with a win at the Osaka Women's Marathon in Japan (2:21:13) in what was that year's first World Athletics Platinum Label Road race. Although both are impressive results, her personal best was set when finishing in third place at the Amsterdam Marathon, again in the Netherlands, in 2021.

Most Significant Results			
2021	Amsterdam Marathon	2nd	2:20:19
2022	Rotterdam Marathon	1st	2:22:01
2023	Osaka Marathon	1st	2:21:13



Afera Godfay Berha (Ethiopia) Marathon Best: 2:22:41 (Dongying 2019) Born: September 25, 1991 Afera Godfay comes to Dubai just months after claiming a well-earned third place at the Toronto Waterfront Marathon in Canada just three months earlier. Her time of 2:23:15 was a little outside her own personal best set four years ago when she won the Yellow River Estuary International Marathon in Dongying, China. She is no stranger to success in China having finished fourth at the Shanghai International Marathon (2018) and third in the Xiamen Marathon in 2020. A clutch of top four finishes over the years – added to that recent third place in Canada – could give Godfay confidence going into Dubai.

Most Si	gnificant Results		
2019	Yellow River Estuary Marathon	1st	2:22:41
	Dongying		
2023	Toronto Waterfront Marathon	3rd	2:23:15



Atalel Anmut Dargie (Ethiopia) Marathon Best: 2:22:21 (Milan 2022) Born: 1999 Over the past few years, 24-year-old Atalel Anmut has produced a number of good results over the marathon distance. In October 2021, she raced to victory in the Stockholm Marathon in Sweden and since then has added two more podium finishes to an impressive CV – third in the Milan Marathon (a personal best of 2:22:21) in Italy in April 2022, and a runners-up place at the Paris Marathon in France twelve months later in a time of 2:23:19. In addition, she has accrued a great deal of experience over the half marathon distance with podium finishes in Portugal, Argentina and Turkey.

Most Significant Results			
2021	Stockholm Marathon	1st	2:29:03
2022	Milan Marathon	3rd	2:22:21
2023	Paris Marathon	2nd	2:23:19



Betty Chepkwony (Kenya) Marathon Best: 2:22:52 (Eindhoven 2022) Born: September 12, 1999 Kenya's Betty Chepkwony made her breakthrough on the international marathon scene by winning the Rome Marathon in Italy in March 2023 in a personal best time of 2:23:02. After the 28-year-old trailed early on inside the first 10km and then fell 17 seconds behind at the half-way mark, the Kenyan showed remarkable resilience to claw back the time to win and better her previous personal best by a massive seven minutes and 26 seconds. Prior to that Italian triumph, Chepkwony's biggest results were runner-up spots at the Sofia Marathon in Bulgaria in 2019 and in Switzerland at the 2018 Zurich Marathon.

Most Significant Results			
2018	Zurich Marathon	2nd	2:38:15
2019	Sofia Marathon	2nd	2:36:57
2021	Varna Marathon	2nd	2:35:28
2023	Rome Marathon	1st	2:23:02



Asayech Ayalew Bere (Ethiopia) Marathon Best: 2:22:52 (Eindhoven 2022) Born: September 12, 1999 Although Ethiopia's Asayech Ayalew has competed over both 5,000m and the Marathon, it is at the longer distance that she has made her mark in recent years. The 24-year-old Ethiopian has two wins and second and third place finishes in four events since 2020. In 2021 she took the title at the Lisbon Marathon in Portugal (2:25:07), while two years later she claimed victory at the Honolulu Marathon in Hawaii in a slower time of 2:30:58. In between those two wins, she set a personal best with a 2:22:52 performance while finishing second at the 2022 Eindhoven Marathon in the Netherlands.

Most Significant Results			
2021	Lisbon Marathon	1st	2:25:07
2022	Eindhoven Marathon	2nd	2:22:52
2023	Honolulu Marathon	1st	2:30:58



Tigist Getnet (Ethiopia) Marathon Best: 2:23:17 (Dubai 2023) Born: N/A Ethiopian Tigist Getnet enjoyed one of the best results of her career when she claimed fifth in the 2023 Dubai Marathon just 11 months ago. Although her personal best of 2:23:17 wasn't enough to get on the podium, the experience will stand her in good stead for another Dubai appearance in 2024, this time on the fast and flat roads around the Burj Al Arab. Getnet continued on her marathon journey with an appearance at the Lisbon Marathon in Portugal in October 2023 where she finished in sixth place, while she finished second at the 2021 Elche Half Marathon in Spain.

Most Si	Most Significant Results					
2021	Elche Half Marathon	2nd	1:11:14			
2021	Seville Half Marathon	2nd	1:12:34			
2023	Dubai Marathon	5th	2:23:17			
2023	Lisbon Marathon	6th	2:31:53			

## DUBAI MARATHON 2024 ELITE FIELD OF RUNNERS

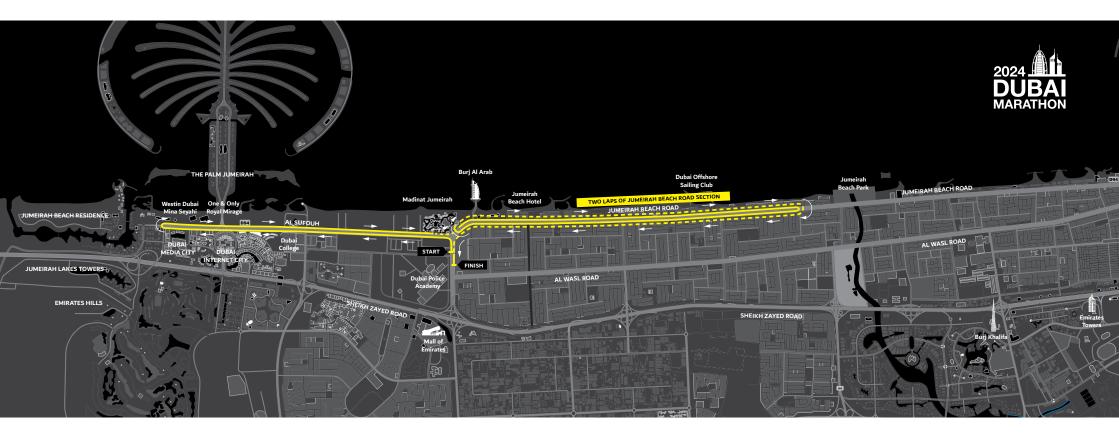
MEN				
BIB NAME	ATHLETE NAME	COUNTRY	PB	
TADESE	Workineh TADESE Mandefro	Ethiopia	2:05:07	
TULU	Kebede TULU Wami	Ethiopia	2:05:19	
KUMA	Abera KUMA Lema	Ethiopia	2:05:50	
ALEW	Haymanot ALEW	Ethiopia	2:05:57	
FUFA	Abdi FUFA	Ethiopia	2:05:57	
CHEBII	Douglas Kipsanai CHEBII	Kenya	2:06:31	
TESFAMARIAM	Samuel Tsegay TESFAMARIAM	Sweden	2:06:53	
KIBET	Alex KIBET	Kenya	2:07:09	
KIPKEMBOI	Bethwel KIPKEMBOI	Kenya	2:07:34	
AMBELU	Gosa AMBELU	Ethiopia	2:07:43	
DUMECHA	Lemi DUMECHA Beyi	Ethiopia	2:07:43	
MENGISA	Asefa MENGISA	Ethiopia	2:07:47	
CHAHDI	Hassan CHAHDI	France	2:08:00	
HURISA	Derara HURISA	Ethiopia	2:08;09	
ARIKAN	Polat Kemboi ARIKAN	Turkey	2:08:14	
FITWI	Samuel FITWI SABHATU	Germany	2:08:28	
TESHAGER	Bayelign TESHAGER Yegsaw	Ethiopia	2:08:28	
DAGNACHEW	Antenayehu DAGNACHEW Yisma	Ethiopia	2:11:31	
BERIHU	Solomon BERIHU	Ethiopia	DEBUT	
GOITOM	Embay GOITOM	Ethiopia	DEBUT	
BEYO	Chala BEYO Techo	Ethiopia	DEBUT	
MEGERSA	Dejene MEGERSA Muleta	Ethiopia	DEBUT	
DESSIE	Abebaw DESSIE Muniye	Ethiopia	DEBUT	
ATSEHA	Kahsay ATSBEHA Kasa	Ethiopia	DEBUT	
PACE M	Barselius KIPYEGO	Kenya	2:04:48	
Pace M	Sila KIPTOO	Kenya	59:56 HM	
Pace M	Lelisa ARARSA Bultisa	Ethiopia		
Pace W	Arega BULTUME Regasa	Ethiopia		
Pace W	Degu BIREGA Woldesemayat	Ethiopia		

WOMEN					
<b>BIB NAME</b>	ATHLETE NAME	COUNTRY	PB		
AGA	Ruti AGA	Ethiopia	2:18:09		
DIDA	Dera DIDA Yami	Ethiopia	2:19:24		
HAILU	Haven HAILU	Ethiopia	2:20:14		
ESHETE	Shitye ESHETE	Bahrain	2:21:33		
ANMUT	Atalel ANMUT Dargie	Ethiopia	2:22:11		
GODFAY	Afera GODFAY Berha	Ethiopia	2:22:41		
AYALEW	Asayech AYALEW Bere	Ethiopia	2:22:52		
CHEPKWONY	Betty Jematia CHEPKWONY	Kenya	2:23:02		
GETNET	Tigist GETNET	Ethiopia	2:23:17		
JEMAL	Foyiza JEMAL	Ethiopia	2:23:18		
KEJETA	Melat KEJETA	Germany	2:23:57		
DATTKE	Miriam DATTKE	Germany	2:26:50		
ROLLIN	Meline ROLLIN	France	2:26:58		
OLDKNOW	Cian OLDKNOW	S Africa	DEBUT		
AFENIGUS	Betelihen AFENIGUS	Ethiopia	DEBUT		



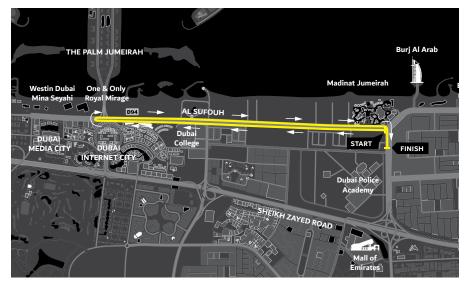


#### 42.195km MARATHON



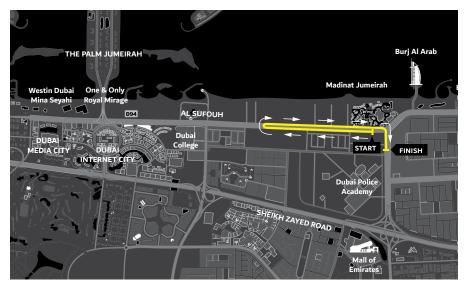
# COURSE MAP

## DUBAI 10km ROAD RACE

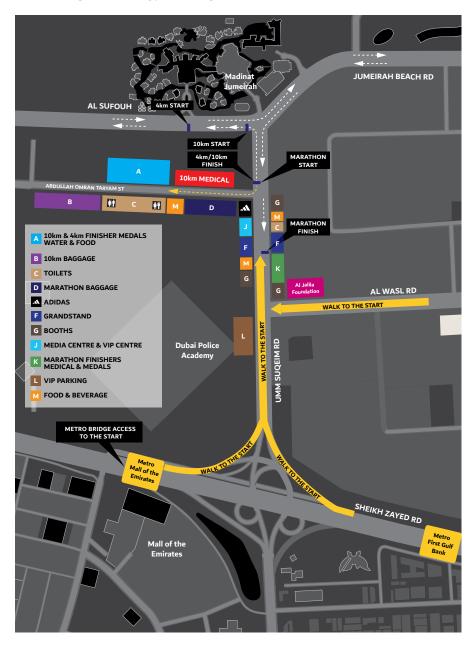


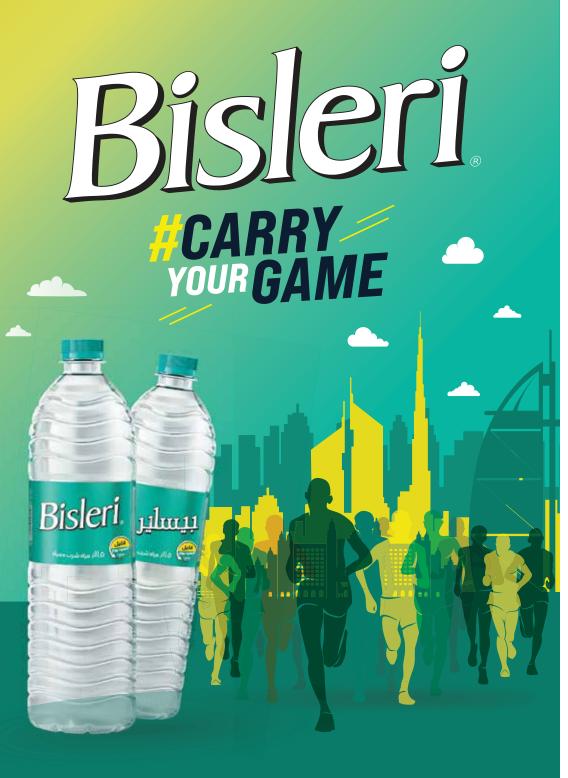
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#### DUBAI 4km FUN RUN



# START & FINISH





## BISLERI IN THE UAE - HYDRATION PARTNER FOR PEAK PERFORMANCE

Bisleri, India's most trusted packaged drinking water brand, is making a splash in the UAE, marking its international debut in a stride towards global prominence.

Set to make waves across the UAE, Bisleri is diving headfirst into the heart of hydration with the Dubai Marathon 2024 with the brand acting appointed official hydration partner of the much-awaited event.

Bisleri brings to the UAE a flavour of their iconic campaign #CarryYourGame that showcases athletes across the sports spectrum carrying their game in all situations, both on and off the field.

The brand has built the campaign over the last year both on mass reach media platforms as well as on the ground, focusing on major league partnerships such as the Indian Premier League, the Indian Soccer League, the Ultimate Table Tennis League, the TCS Mumbai Marathon, and the Tata Steel Kolkata 25k as official hydration partner. This move reinforces the pivotal role hydration plays in a healthy lifestyle and peak performance, ultimately inspiring the increasingly health-conscious consumers to stay hydrated and carry their best game forward in all aspects of life.

As the Dubai Marathon returns to its traditional heart on Umm Suqeim Road, Bisleri is gearing up to quench the thirst of both the city's fitness enthusiasts and the surging number of international marathon tourists.

The strategic placement of 28 water stations along the challenging 42km course ensures a refreshing and optimal hydration experience, reinforcing that water consumption transcends mere thirst-quenching. It acts as a vital supporter of the immune system, regulates body temperature, minimises and alleviates muscle cramps, thereby enhancing overall athletic performance.

This partnership extends beyond the racecourse, embodying Bisleri's enduring commitment to trust and goodwill. With a legacy spanning five decades, Bisleri has been the torchbearer of purity, safety and healthy mineral water in India.

This strategic move to expand to the UAE market is driven by the insight of the significant Indian population in UAE, who carry with them the trust and long-standing loyalty for our brand. Bisleri is poised to replicate this legacy in this market.

As Dubai braces itself for this sporting spectacle, Bisleri encourages runners to conquer the 42km with hydration as an anchor available through the course making every sip of water count towards maximised performance. Dubai, get set & #CarryYourGame with Bisleri.

#### EXEED BY AL GHURAIR RACES TO VICTORY AS OFFICIAL CAR SPONSOR

EXEED by Al Ghurair, the Official Car Sponsor of the 23rd Dubai Marathon, has something exciting in store for runners this year! Those who lace up for victory stand the chance to win the latest Ghurair's futuristic RX model, the eagerly anticipated grand prize for the marathon raffle draw. (Terms and Conditions apply).

Born for more and encapsulating the spirit of excellence, EXEED

that seamlessly blend style, performance, and innovation.

"As the Official Car Sponsor, we are thrilled to be an integral part of one the most prestigious

#### Innovative Design: Where Technology Meets Emotion

The EXEED RX is not just an SUV, but a masterpiece of innovation that seamlessly blends technology with emotion to create a stunning and futuristic look. The state-of-the-art and expressive body design, coupled with starship-style lights, pushing the boundaries of design and engineering.

#### A Premium Driving Experience

Embark on a journey that's more than just a drive. The Continuous Damping Control (CDC) system draws inspiration from the remarkable agility of the flying fish, adapting effortlessly to any road the drive experience to even greater heights. The EXEED RX adapts with precision and ease, effortlessly providing a dynamic driving experience tailored to driver preferences.

#### Comfort Beyond Imagination

The seats of the EXEED RX are a haven of comfort, offering a range of



SUV model in the fleet – the oneof-a-kind RX.

Set to redefine the standards of innovation with its futuristic designs and exceptional driving experience, the renowned premium vehicle brand represented by AG Auto in the UAE will showcase its RX model at the Dubai Marathon where one lucky runner will also be named the winner of EXEED by Al by Al Ghurair's ultra-modern and tech-savvy SUV invites participants to exceed the limits of the ordinary at the coveted 2024 marathon.

Mohammed Maktari, General Manager at AG Auto says: "EXEED by Al Ghurair's partnership with the Dubai Marathon exemplifies our commitment to delivering high-quality vehicles sporting events in the Middle East, setting the pace for another successful edition of the marathon. We extend our best wishes to every participant, embracing the spirit of pushing boundaries, and may the marathon be a journey of triumph, reflecting the excellence and innovation that EXEED by Al Ghurair stands for."

provides an exquisite touch of elegance and sophistication to the driving experience.

The front fascia boasts a borderless middle grille and X-shaped star-track daytime running lights, forming the emblematic Greek letter " $\Sigma$ " a symbol of excellence - and is a testament to EXEED by Al Ghurair's commitment to condition, ensuring a comfortable journey for passengers.

The Intelligent Control All-Wheel Drive (AWD) System elevates the drive experience, offering seven driving modes. Whether Economy, Standard, Sport, Snow, Mud, Sand, or Off-Road, while the Suspension system (SS) and Hydraulic Damping Strut (HDS system) augment features that redefine extravagance. Inclusive of heating, ventilation and massage features, drivers and passengers are guaranteed a relaxed travel experience. Long drives are a breeze with sleeping headrests, ensuring the journey is what matters and not the destination. A true game-changer is the electric leg rest that provides unparalleled comfort, making every drive an indulgence.



#### Elevating Driving Experiences

The EXEED RX goes beyond to guarantee a premium ride. Drivers can immerse themselves in a symphony of sounds with the Sony 14-speaker omni-directional sound system that promises an incomparable rhythmic plethora of audio exuberance. Indulge in the senses with a fragrance and air purification system that creates



## a soothing ambience that's as refreshing as it is luxurious.

Stepping into a world of exclusivity, RX drivers are greeted by welcome lights upon entry, setting the tone for an extraordinary drive. Offering a palette of 64-colour options within the ambient lighting system, the RX empowers drivers to create the perfect mood suited to their requirements for every journey.

#### The Future of Automotive Excellence

The EXEED RX is a testament to the relentless pursuit of excellence. Born for more and driven to transcend boundaries, EXEED by Al Ghurair offers driving experiences that combine innovation, luxury, and futuristic designs across its product range, which includes the RX, VX, LX and TXL SUV models.

As the official raffle prize for the 2024 Dubai Marathon, the EXEED RX invites marathon participants to be a part of the future of automotive excellence and the opportunity to embark on a journey like never before with their very own brand-new EXEED RX, promising a driving experience that goes beyond expectations.

For further information on EXEED by Al Ghurair's innovative SUV product line, please visit: www.exeed-uae.com

#### OFFICIAL RACE SPONSOR

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# **RAK IS BACK!**

-1

RUNCZECH



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Khaima

Held under the patronage of His Highness Sheikh Saud bin Saqr Al Qasimi, UAE Supreme Council Member and Ruler of Ras Al Khaimah, the 17th Ras Al Khaimah Half Marathon will take place on Saturday, February 24, 2024, with the annual event featuring a new route based solely on the rapidly developing Al Marjan Island as well as staging its first ever 10km Road Race.

The event will feature many of the world's elite long-distance athletes in the marquee 21.1km race with thousands of runners joining them either in the associated 10km or 2km runs.

It will be the first time the Ras Al Khaimah Half Marathon has offered a 10km race, a distance generally considered to the perfect stepping stone for those wishing to prepare for a move up to the half marathon itself.

Hosted by the Ras Al Khaimah Tourism Development Authority (RAKTDA), the race will also feature a new route that sees the start and finish remain on Al Marjan Island. For 2024, all three races will be on the roads of the emirate's premiere destination, a unique cluster of four coral-shaped islands in a man-made archipelago.

RAK PORTS

Raki Phillips, Chief Executive Officer, Ras Al Khaimah Tourism Development Authority said: "We are very excited to announce the new date for the iconic RAK Half Marathon. Since its launch 17 years ago, the event has created its own standing on the global running stage directing the sporting spotlight on Ras Al Khaimah and attracting spectators and competitors





56

of all abilities. The yearly race continues to produce worldclass champions, while bringing the local and international community together.

The RAK Half Marathon is already attracting the attention of world-class athletes eager to test themselves in ideal racing conditions as they prepare for the London Marathon and the Paris Olympics. In 2023, there was a Kenyan double win in the 16th Ras Al Khaimah Half Marathon with Bernard Koech earning the men's elite title and Hellen Obiri the women's event in 58:45 and 1:05:05 respectively.

"We are honoured to have been entrusted with organising the RAK Half Marathon, one of the most prominent sporting and social events in the UAE," said Peter Connerton, Managing Director of Pace Events and Race Director of the Ras Al Khaimah Half Marathon. "By introducing a 10km Road Race to the schedule as well as the option for team competition through the Corporate Challenge, we aim to make race day bigger and better than ever, while at the same time ensuring that the Ras Al Khaimah Half Marathon continues to attract the world's best distance runners."

Registration for all three events at the 2024 Ras Al Khaimah Half Marathon is open now at rakcalendar.ae



57

DUBAI MARATHON 2024

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# UAE'S NO 1 HINDI RADIO STATION



The Ethiopian supporters always bring songs and colour to the Dubai Marathon Young smiles underline the fun of running as part of the Middle East's oldest international marathon

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Gerda Steyn talks Benoit Guidarelli through her victory in the Women's 10km in 2023

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